

If you like...

# Self-Help Books

you might like ...

**How to Get Sh\*t Done** by Erin Falconer (158.1 FAL)

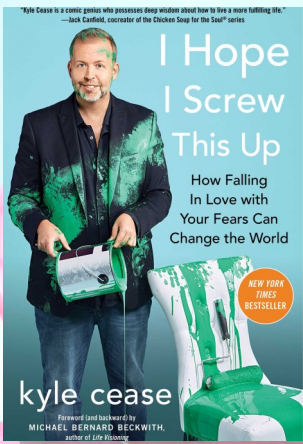
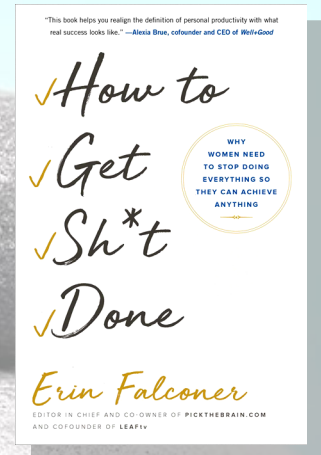
**Reconcilable Differences** by Dawna Markova (158.2 MAR)

You know what it feels like to be “at odds” with someone. Sometimes it seems like you are speaking completely different languages. Cognitive neuroscientist Dr. Dawna Markova and communication expert Angie McArthur have spent years developing and implementing tools to help people find common ground. In *Reconcilable Differences*, they provide the strategies you need to bridge the gap at the heart of your differences with others.

**Rise and Grind** by Daymond John (650.1 JOH)

**Miracle Mindset** by JJ Virgin (158.1 VIR)

Celebrity nutrition and fitness expert and four-time New York Times bestselling author, JJ Virgin reveals how one life-altering event taught her to tap into an indomitable mindset, trust her instincts and defy the odds, ultimately saving her son's life...and her own. She'll share the lessons she learned that can help you create your own resilient mindset.



**I Can't Make This Up** by Kevin Hart (BIOG HART, K.)

**The Four Tendencies** by Gretchen Rubin (155.2 RUB)

Bestselling author Gretchen Rubin reveals the surprising truth about the four hidden personality types that drive everything we do. Learn how to understand yourself better--and also how to influence others more effectively.

**Win at Losing** by Sam Weinman (158 WEI)

**Start Right Where You Are** by Sam Bennett (158.1 BEN)

This is an easy-to-read, easy-to-do guidebook for anyone who wants to change their life but doesn't know where or how to begin. The gentle-kiss-on-the-cheek and loving-thwack-upside-the-head attitude gives us what we all need: inspiration, shortcuts, and breathing room.

**I Hope I Screw This Up** by Kyle Cease (158.1 CEA)

**Extreme You** by Sarah Robb O'Hagan (158.1 OHA)

**Designing Your Life** by William Burnett (650.1 BUR)

An inspiring and thought-provoking graduation gift: At last, a book that shows you how to build--design-- a life you can thrive in, at any age or stage.

**Live, Love, Explore** by Leon Logothetis (158.1 LOG)

**Braving the Wilderness** by Brené Brown (158.2 BRO)

The influential TED speaker and best-selling author of *The Gifts of Imperfection* draws on new research to challenge conventional beliefs about fitting in to counsel readers on the skills required to achieve actual belonging while being true to oneself.

**I Don't Belong to You** by Keke Palmer (305.242 PAL)

**Life Code** by Phil C. McGraw (158.1 MCG)

